

Take the Time...

Good Health Is For Life

**Regular Pap tests
can save your life**

My Pap Test is Not Normal, What Does This Mean?

What is a Pap test?

- n is for women
- n looks at the health of your cervix
- n is done by a doctor or nurse

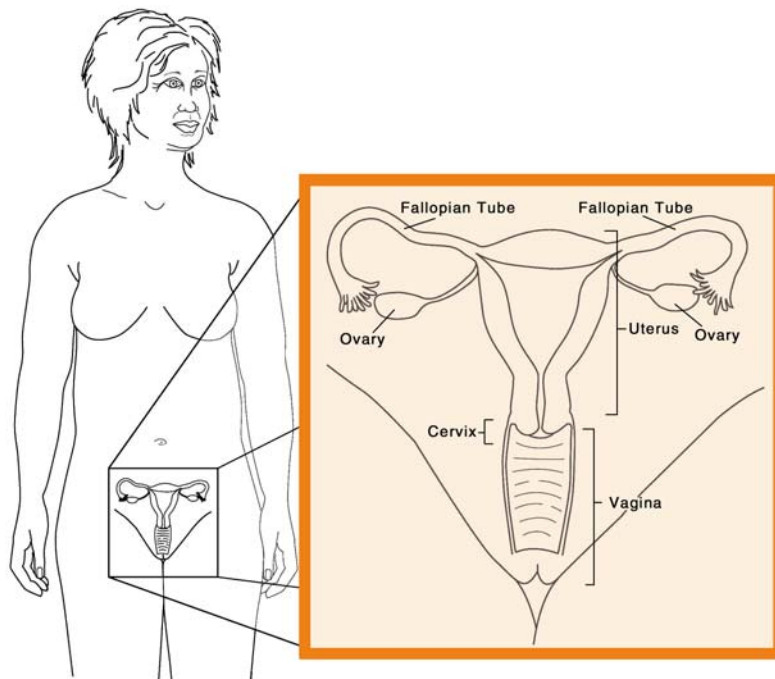
What Is The Cervix?

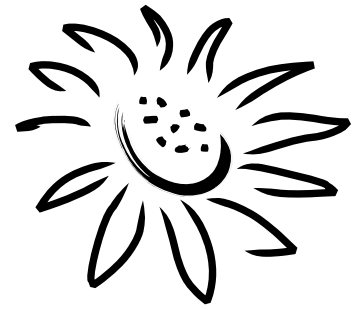
- n it is found at the top of the vagina
- n it is the opening of the uterus (womb)

"Not Normal" can mean you have:

- n an infection in your vagina or cervix that needs to be treated
- n small changes in the cells on your cervix that may go away on their own with no treatment
- n moderate changes in the cells on your cervix that will stay or get worse if not treated
- n more serious changes that may lead to cancer if not treated
- n cancer of the cervix

All these changes can be treated.





What do I Do?

Talk to your doctor or nurse about your choices and what you may need to do.

- n often, the next step is to have another Pap test in 3 - 6 months
- n you may also be asked to have Pap tests more often for a while
- n some women may be sent to another doctor (a specialist) for more tests and/or other types of treatment

Take the Next Step - Follow-Up For Your Health

For More Information:

- n Talk to your doctor or nurse
- n Visit the Ontario Cervical Screening Program's web site
www.cancercare.on.ca/cervical/home.html
- n Call the Canadian Cancer Society's Information Specialists at
1-888-939-3333 or visit www.cancer.ca
- n Call your local Public Health Unit - phone numbers can be found in the phone book or at: www.alphaweb.org

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screening program
a cancer care ontario program

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